



ST. MICHAEL'S

Church of England Primary School



Winter 2019



Week 1

Monday



- Pepperoni & Cheese Pizza
- Cheese & Tomato Pizza (v)
- Homemade Coleslaw
- Tomato & Cucumber Salad
- Eves Pudding with Vanilla Sauce

Tuesday



- Frankfurter in a Bun
- Quorn Chipolata in a Bun (v)
- Mini Potato Waffles
- Low Salt/Sugar Baked Beans
- Pear & Toffee Sponge with Custard

Wednesday



- Hunters Chicken (BBQ chicken wrapped in Bacon)
- Cajun Quorn Fillet (v)
- Roast Potatoes, Yorkshire Pudding
- Steamed Fresh Vegetables
- Reduced Sugar Waffle with Banana & Chocolate Sauce

Thursday



- Spaghetti Bolognese
- Quorn Bolognese (v)
- Garlic Bread Slice
- Tomato, Red Onion & Basil Salad
- Banana Pancake with Warm Toffee Sauce

Friday



- Oven Baked Chicken Chunks
- Vegetable Nuggets (v)
- Chunky Chips
- Sweetcorn
- Old Fashioned Bread Pudding with Cream

Available Daily



- Jacket Potato with Cheese, Beans or Tuna Mayo served With Coleslaw



Desserts



- Choice of Yoghurt, Fresh Fruit, Raisins, Homemade Flapjack or Dessert of the Day

Our salad bar is available to all children having school meals



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Week 2

Monday



- Turkey Meatballs in Tomato Sauce
- Vegeballs in Tomato Sauce (v)
- Pasta Shells
- Garlic Bread slice
- Mixed Salad Bar
- Homemade Rice Pudding with Low Sugar Jam

Thursday



- Butchers Pork Sausages
- Rosemary Veggie Sausage (v)
- Creamy Mash Potato
- Low Salt/Sugar Baked Beans
- Lemon Drizzle Sponge With Custard

Tuesday



- Mild Beef Chilli con Carne
- 3 Bean Chilli (v)
- Steamed Basmati Rice
- Mexican corn salad
- Chocolate Sponge with Strawberry Sauce

Friday



- Jumbo Fish Finger
- Fishless Fingers (v)
- Chunky Chips
- Garden Peas
- Tottenham Cake with Raspberry Topping

Wednesday



- Roast Gammon
- BBQ Quorn Fillet (v)
- Boiled New Potatoes, Yorkshire Pudding & Gravy
- Steamed Fresh Vegetables
- Mixed Fruit Crumble with Whipped Cream



Available Daily

- Jacket Potato with Cheese, Beans or Tuna Mayo served With Coleslaw



Desserts



- Choice of Yoghurt, Fresh Fruit, Raisins, Homemade Flapjack or Dessert of the Day

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Week 3

Monday



- Smoked Bacon & Mushroom Macaroni
- Mac n Cheese (v)
- Sweetcorn Kernels
- Garlic Bread Slice
- Homemade Carrot Cake

Tuesday



- All Day Breakfast (sausage, bacon, scrambled egg)
- Quorn Sausages (v)
- Hash Browns
- Low Salt/Sugar Baked Beans
- Mini Raspberry Pavlova

Wednesday



- Roast Pork & Gravy
- Sage & Onion Quorn Fillet
- Roast Potatoes
- Yorkshire Pudding
- Steamed Fresh Vegetables
- Winter Berry Sponge with Custard

Thursday



- Beef Cottage Pie
- Bean & Vegetable Sheppard's Pie
- Carrots & Peas
- Braised Cabbage
- Rhubarb & Apple Crumble with Custard

Friday



- Oven Baked Breaded Cod Fillet
- Vegetable Dippers (v)
- Chunky Chips
- Mushy Peas
- Lemon Drizzle Sponge with Cream

Available Daily



- Jacket Potato with Cheese, Beans or Tuna Mayo served With Coleslaw



Desserts



- Choice of Yoghurt, Fresh Fruit, Raisins, Homemade Flapjack or Dessert of the Day

Our salad bar is available to all children having school meals