



ST. MICHAEL'S Church of England Primary School



Spring 2024 Week 1

Meat Free Monday

Macaroni Cheese (v)
Home made Garlic Bread
Garden Peas
Blueberry & Lemon Sponge



Tuesday

Jumbo Fish Finger
Southern Fried Quorn Burger (v)
Potato Wedges
Sweetcorn
Jelly & Cream



Wednesday

Gammon Steak & Gravy
Vegetarian Sausages (v)
Roast Potatoes
Yorkshire Pudding
Broccoli & Carrots
Yoghurt & Fruit Day



Thursday

Pork Meatballs in Tomato sauce
Vegan Meatballs (v)
Mashed Potato
Carrots & Green Beans
Strawberry Mousse & Biscuit



Friday

Baked Sausage Roll
Vegan Sausage Roll (v)
Chunky Chips
Baked Beans
Ice Cream Pot



Available Daily

Jacket Potato with Tuna,
Cheese Or Baked Beans



Always Available
Fresh Fruit, Yoghurt,
Salad Bar, Water &
Milk



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Spring 2024 Week 2

Monday

Chicken & Tomato Pasta Shells
Chickpea & Broccoli Pasta (v)
Homemade Garlic Bread
Garden Peas
Cherry Sponge & Custard



Tuesday

Breaded Chicken Steak
Breaded Quorn (v)
Potato Wedges
Sweetcorn
Peaches & Cream



Thursday

Beef Burger in Gravy
Vegan Burger in Gravy (v)
Mashed Potato
Carrots & Green Beans
Sticky Iced Bun

Wednesday

Turkey Steak & Gravy
Quorn Fillet (v)
Roast Potatoes
Yorkshire Pudding
Diced Swede & Carrots
Yoghurt & Fruit Day



Friday

Cod Fish Cake
Egg Muffin (v)
Chunky Chips
Baked Beans
Ice Cream Pot



Available Daily

Jacket Potato with Tuna,
Cheese Or Baked Beans

Always Available



Fresh Fruit, Yoghurt,
Salad Bar, Water &
Milk



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Spring 2024

Week 3

Monday

Spaghetti Bolognese
Quorn Bolognese (v)
Homemade Garlic Bread
Garden Peas
Strawberry Sponge with
Pink Custard



Thursday

Cheese & Tomato Pizza (v)
Oven Baked Wedges
Sweetcorn
Apricot & Coconut Flapjack

Tuesday

Pork Cumberland Sausages
Vegan Sausage (v)
Mashed Potato
Baked Beans
American Pancake & Syrup



Friday

Jumbo Fish Finger
Vegetarian Dippers (v)
Chunky Chips
Peas & Carrots
Ice Cream Pot

Wednesday

Chicken Fillet & Gravy
Quorn Sausages (v)
Roast Potatoes
Yorkshire Pudding
Broccoli & Cauliflower
Yoghurt & Fruit Day



Available Daily

Jacket Potato with Tuna,
Cheese Or Baked Beans



Always Available

Fresh Fruit, Yoghurt,
Salad Bar, Water &
Milk